

When Handling Disappointment

Judges 15

03/19/23

1. See that it's natural to get emotional when you've been disappointed.

Judges 15:5 (Message) ⁵ He then set fire to the torches and let them loose in the Philistine fields of ripe grain. Everything burned, both stacked and standing grain, vineyards and olive orchards—everything.

Proverbs 19:11 (ESV) ¹¹ Good sense makes one slow to anger, and it is his glory to overlook an offense.

Proverbs 29:22 (ESV) ²² A man of wrath stirs up strife, and one given to anger causes much transgression.

2. Turn to God knowing that when you do, He will meet you where you are.

Judges 15:3 (Message) ³ “That does it. This time when I wreak havoc on the Philistines, I’m blameless.”

Judges 15:18 (Message) ¹⁸ Now he was suddenly very thirsty. He called out to GOD, “You have given your servant this great victory. Are you going to abandon me to die of thirst and fall into the hands of the uncircumcised?”

3. Practice turning to God this week.

John 6:35 (ESV) ³⁵ Jesus said to them, "I am the bread of life; whoever comes to me shall not hunger, and whoever believes in me shall never thirst.