

# Facing Your Fears with God's Help

When You Let God Lead 04

Psalm 23:4 (NLT)

11/19/23

## 1. When you're tempted to live in fear, choose to remember that God is here.

*"Fear is a reaction; courage is a decision."* - **Sir Winston Churchill**

*Psalm 23:4<sup>4</sup> Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me;*

*Psalm 139:7<sup>7</sup> I can never escape from your Spirit! I can never get away from your presence!*

*Psalm 139:16-17<sup>16</sup> Every day of my life was recorded in your book. Every moment was laid out before a single day had passed. <sup>17</sup> How precious are your thoughts about me, O God. They cannot be numbered!*

## 2. Minimize your fears by developing a healthy fear of God.

*"Fear is a habit; so is self-pity, defeat, anxiety, despair, hopelessness and resignation. You can eliminate all of these negative habits with two simple resolves: I can and I will."* - **Napoleon Hill**

*Proverbs 1:7<sup>7</sup> Fear of the Lord is the foundation of true knowledge, but fools despise wisdom and discipline.*

*Psalm 23:4<sup>4</sup> ...your rod and your staff, they comfort me.*

### **3. Grow your faith by feeding it with God's promises.**

1 Peter 5:6-9 <sup>6</sup> *Humble yourselves, therefore, under the mighty hand of God so that at the proper time he may exalt you,* <sup>7</sup> *casting all your anxieties on him, because he cares for you.* <sup>8</sup> *Be sober-minded; be watchful. Your adversary the devil prowls around like a roaring lion, seeking someone to devour.*

Romans 8:38-39 <sup>38</sup> *...nothing can ever separate us from God's love. Neither death nor life, neither angels nor demons, neither our fears for today nor our worries about tomorrow—not even the powers of hell can separate us from God's love.* <sup>39</sup> *No power...indeed, nothing in all creation will ever be able to separate us from the love of God that is revealed in Christ Jesus our Lord.*